

I found the Relating to Connect Program to be incredibly insightful and enriching. It opened my eyes to old and new ways of communicating with others. It gave me strategies for connecting with myself and others through the heart. S.W. I Young Mother I Melbourne



Alistair McKinnon is a Certified CNVC trainer. He also offers mediation and personal coaching sessions in Melbourne, Byron Bay, or via Skype and Phone.

## Nonviolent Communication WEEKEND WORKSHOP

to inspire, encourage and develop empowering relationships

NVC is a simple communication process that has proven to dissolve conflict, create connection and transform relationships. If you are struggling with your relationships, either at home or at work, the skills practiced in this Foundation Training will open your eyes to a way forward.

## **Saturday 24th and Sunday 25th March**

Starting at 10:00am and finishing at 5:00pm in Duncraig, Perth

Early Bird available til 9th March. A comprehensive manual will be supplied.

## **Enquiries 0412 988 844**

or register at www.consciousdirections.com.au

All conflict is a tragic expression of an unmet need. ~ Marshall B. Rosenberg, Ph.D., Founder NVC ~